

DEVELOPMENT LEADERSHIP

CREATING OFFENSE

Creating Offense



What are some of the skills that come to mind when you think of creating offense?

Creating Offense



- ✓ Change of Speed
- ✓ Maintaining Possession
- ✓ Play on the Boards



- Lateral/Linear cross overs
 - ✓ Knee Drive / Blade Engagement
 - ✓ Deception
 - ✓ Puck Spot(s)















- ✓ Patience
- ✓ Reading Pressure
- ✓ Puck Protection Skating Techniques



- ✓ Heel to Toe
- ✓ Limit overhandling
- ✓ Handling the puck outside the feet









Puck Protection



- Understanding location of pressure and technique
 - ✓ Power Push Pressure on upper body
 - ✓ 10-2 Pressure on hip/Back
 - ✓ Tarasenko Pressure is Reaching/Flat Footed

Puck Protection





Power Push – Front Leg





Power Push - BH





Power Push - FH





10-2 / Crosby Turn





10-2/Crosby Turn





Tarasenko





Tarasenko







- ✓ Patience / Reading Pressure
- ✓ Deception / Draw Pressure
- ✓ Timing
- ✓ Boards for stability
- ✓ Strong side with Puck



- Briere
 - Forehand spin

- Step Over
 - Play on backhand









Tactical



- ✓ Understanding Confusion Areas on the ice
- ✓ Attacking the Dots
- ✓ Patience
- ✓ Dictate/Control Defenders
 - Commitment
- ✓ Use of puck spots to increase transition speed
 - Forehand Technique
- √ Stick Block outs (Advanced)
 - Leg and stick on stick

Tactical





Creating Offense



How do we take what we have talked about today and apply it with your teams & players??

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