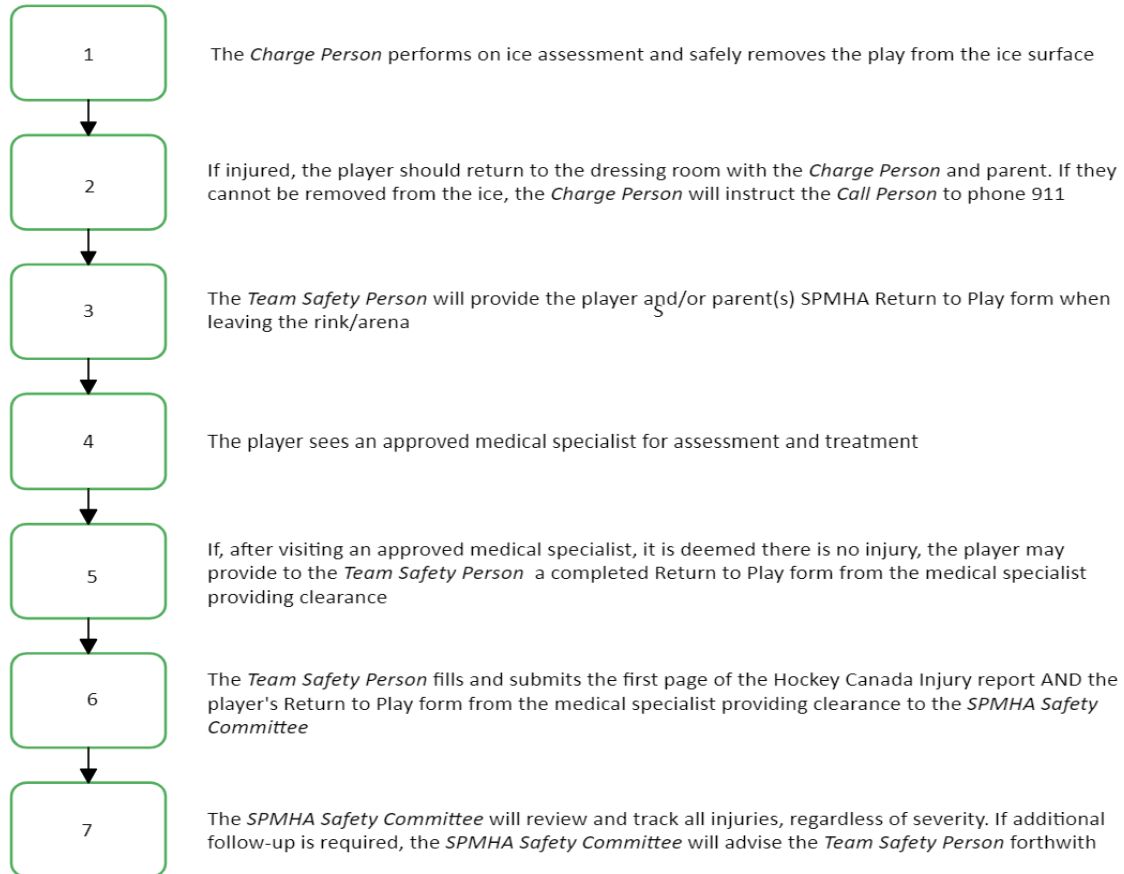




## Return to Play Procedure – Significant Injury (Not concussion)

*Team Call Person to phone 911 if player is unconscious, has decreased consciousness, or has suspected neck or spine injury.*



### If a player is injured

- ➡ If a significant injury occurs, the *Team Safety Person* notifies the *SPMHA Safety Committee* on the day of the injury, and submits the first page of the Hockey Canada Injury Report within 24 hours
- ➡ The injured player shall follow the treatment plan as recommended by an approved medical specialist. This may include: complete rest, restriction (i.e. light activity, strength training with the team, only allowed to practice, etc.)

### When a player has been cleared to play by an approved medical specialist

- ➡ The Player/Parent(s) must provide the *Team Safety Person* with SPMHA Return to Play form
- ➡ The *Team Safety Person* submits clearance letter to *SPMHA Safety Committee*

### Definitions:

**Significant Injuries:** Any injury that requires a player to go seek out medical aid and treatment from an approved medical specialist. Examples may include: broken bones, torn ligaments, sprains, severe lacerations





## SHERWOOD PARK MINOR HOCKEY ASSOCIATION

**Approved Medical Specialist:** Can be any advanced medical care such as: family physician, surgeon, physiotherapist, chiropractor (Please note approved medical specialists differ for concussion related injuries).

