

First Aid Kit Usage List

The purpose of this list is to track the use of first aid supplies. Each time a supply is used, please add it to the list and hand this in, with your first aid kit at the end of the season. In the unlikely event you require additional supplies mid-season, please reach out to the SPMHA *Safety Director* via e-mail to request this.

Date	Quantity	Supply	Administered By (Name, Role)	Injury Reported? (Y/N)
20-Aug-23	2	Alcohol Antiseptic wipes	John Smith – Team Safety Person/Trainer	Y
20-Aug-23	1	Fabric Knuckle Adhesive Bandages	John Smith – Team Safety Person/Trainer	Y





First Aid Kit Content List (for reference)

Quantity	Item		
3	Instant Cold Compress - 10.2 x 15.2 cm (4" x 6")		
2	Triangular Bandage - 102 x 102 x 142cm (40" x 40" x 56")		
1	Oval Eye Pads, Sterile		
1	Eye Shield, Plastic w/ Elastic Strap		
1	Elastic Wrap Bandage Roll - 10.1 cm (4")		
2	Elastic Wrap Bandage Roll - 5.1 cm (2")		
1	Padded Aluminum Foam Splint - 60.9cm x 10.8cm (24" x 4.25")		
10	Benzalkonium Chloride Antiseptic Towelettes		
4	Povidone Iodine Prep Pads		
6	Alcohol Antiseptic Wipes		
4	Hand Cleansing Towelettes		
4	Hand Sanitizing Wipes		
3	Vinyl Examination Gloves (Pair)		
5	Butterfly Wound Closure, Sterile, Medium		
1	Compress Pressure Bandage - 10.2cm (4")		
2	Conforming Gauze Bandage Roll - 5.1cm (2")		
12	Cotton Tip Applicators		
25	Fabric Adhesive Bandages - 2.5 x 7.6cm (1" x 3")		
10	Fabric Fingertip Adhesive Bandages		
10	Fabric Knuckle Adhesive Bandages		
5	Fabric Patch Adhesive Bandages - 2" x 3" 5.1 x 7.6cm (2" x 3")		
10	Fabric Junior Adhesive Bandages		
1	Abdominal/Combine Pads - 12.7 x 22.9cm (5" x 9")		
2	Non-Adherent Pads - 5.1 x 7.6cm (2" x 3")		
1	Non-Adherent Pads - 7.6 x 10.1cm (3" x 4")		
2	Sterile Gauze Pads - 7.6 x 7.6 cm (3" x 3")		
2	Sterile Gauze Pads - 10.1 x 10.1 cm (4" x 4")		
12	Safety Pins		
1	Paramedic Scissors		
1	Metal Forceps/Tweezer - 8.8 cm (3.5")		
1	Adhesive Cloth Tape - 2.5cm x 9.1m (1" x 10y)		
3	Tongue Depressors - 13.97 cm (5.5")		
1	CPR Mask with One Way Valve		

